

MODEL MENU

Blue Bay Early Learning Weekly Menu: 3 – 5 years					
	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Fruit Slice Cheese Milk	Fruit Slice of cheese Milk	Fruit Muffin Milk	Fruit Slice of Cheese Milk	Fruit Whole meal Bread Milk
Lunch	Tuna Pasta Sauce Beans Corn Kernels Carrot & Cauliflower Whole meal Bread Water	Beef Stir-fry Rice Panache Vegetables Water	Zucchini Slice Tomato Slices Grated Carrot Cucumber Slices Cauliflower Whole meal Lavish Bread Water	Balinese Chicken Pasta Carrot Rings Broccoli Cauliflower Beans Hi Fibre Bread Water	Meat Pie Mashed potato Mashed pumpkin Beans Pea/Corn 3-5's Whole meal Pita Bread Water
Afternoon Tea	Herb Damper, Cherry Tomatoes Milk	Lemon Myrtle Scones Milk	Turkish Bread, Cheese and Celery Sticks. Milk	Banana Bread and Cucumber Sticks Milk	Rice Cakes Cheese Slices Tomato Slices Milk